

OF INTEREST TO THE WOMAN

FROM WOMAN'S POINT OF VIEW

It costs a great deal to be well-dressed, for that means perfection of detail, clothes for all occasions, and all the accessories and touches of fashion. The woman of fashion could not possibly attend to her own wardrobe, therefore is to be found a large class of well-trained ladies' maids and an army of sewing women to assist them. The middle-class women have quite enough to do if they keep their wardrobes in decent condition, for they have reached the belief that they need a multiplicity of garments, but the feminine wage-earner can look very pretty and neat on a wardrobe that will not tax either pocketbook or leisure unduly.

The foundation of a wardrobe is underwear, four sets of which are enough for ordinary use. Woven combinations, or union suits, as they are known, are most economical, because they represent a saving in laundry bills. They certainly improve the appearance, as all unnecessary fullness is eliminated. A chemise or combination corset and short petticoat is needed to protect the corset, and one outer petticoat is all that is required under the dress. Two pairs of shoes will answer, but three are better, and they need not be purchased all at once. Occasional additions to a wardrobe keep it up to date, you know.

Four pairs of stockings, carefully mended, will last the season through, and sometimes do better than that. A pair of easy slippers is necessary for bedroom wear, and two wrappers which can be tubed make appreciable additions to comfort. Fancy articles of this kind are best left to the extravagant and idle. If undergarments can be made at home, better material can be put into them and they wear much longer, particularly when strong and simple trimmings are used. There are shops where petticoats of all prices are offered for sale, and any one of them will be fitted to a purchaser for the small sum of five cents. A smart, fitting petticoat helps out wonderfully in a good appearance, and no good dresser overlooks the fact.

A working girl needs a neat, pretty walking suit with enough simple waists to be clean and tidy. If she hopes to keep it looking fresh, she must have a rain-coat or a rainy-day costume fashioned from one left from a previous season. Even then there will be frequent pressing and cleaning. Rubbers and umbrellas are as necessary as gloves, which must be carefully selected to avoid unnecessary expense. For the house there must be something to wear so that the street clothes may rest, and good planners manage them from cast-offs that do not bear the cold inspection of the public eye. One good hat and a renovated one for inclement weather are two things which a woman can have when she is obliged to go out every day.

Handkerchiefs, neckwear, belts, and vests all come in for a share of attention, and, taken all together, even a simple wardrobe is a care, and a constant one. Right here is where we are often unwise. We add a few frivolous things like a party frock with accessories and an evening wrap, or possibly we do not think the business suit good enough for Sunday and holidays, so we provide another and are poorer in pocket and twice as heavily burdened with care. Then we wonder why we develop nerves and feel tired when we should feel refreshed. We have not yet found the road to wisdom, have we?

DETAILS OF DRESS.

From the Philadelphia North American.
It is said at the watering places mittens will be much worn, and this seems logical, because they accord with the Louisa fashions—they do not hide the gorgeous rings and they are cool and comfortable.

There has even been a change in the artificial flowers worn this season; where formerly they were of muslin they are now of tulle. Plumetta has been even edged with Valenciennes, but, while novel, the result is not very pretty.

Although the Frenchwoman has adopted the collarless gown and revels in its comfort, she is nevertheless unwilling to appear in public places with the neck quite unadorned. She, therefore, relies upon her veil to fill all discrepancies, and she ties it up high on the back of her head, leaving many wrinkles under her chin. Such veils must be very wide, but when they are bought in Paris they always are.

SHINY LEATHER BELTS.

From the Philadelphia North American.
Even during the reign of the one-piece gown, the Parisian clung with fervor to the wide patent-leather belt that she prizes so highly as an adjunct to her morning frock. This being true, with what joy did she return to it this spring, when it became allowable, even desirable, to possess a waist line. She wears it with her frocks of linen, gingham and even of fustian, and although the combination sounds perhaps a little out, the effect is very good.

Speaking generally, these belts are black and all widths are worn from one to five inches. The French figure includes usually an extremely small waist, of which the owner is very proud. This may account for the popularity of the shiny belt.

COIFFURE DETAILS.

From the Philadelphia Bulletin.
The wearing of the large hats means great care in the arrangement of the hair.

What little hair is to be seen must be seen at its best.
Most satisfactory is the French method, of twisting a thick roll of hair down around the head near the nape of the neck.

In lieu of this plain roll, a thick plait of hair is used in the same manner. For those whose appearance is improved by a high hair ornament, the upstanding "Colonial plume" is a favorite choice. A plumed effect is often attained by this plume, worn with the hair dressed quite flat on the top of the head.
The new muslin flowers, which made so brave and uncommon a showing on the summer hats, are being taken up for hair ornaments.

From one side of the flower bunch there often falls a feather, floating down to the shoulder.

Others of the flowers are sprinkled with dewdrops, in the form of tiny jewels or spangles.

Deliberate Insult.

Mrs. Newpaw—That measly old bachelor uncle of yours was here to-day, and he deliberately insulted us all.
Mrs. Newpaw—Why, he took the baby on his knee and said: "Poor little chap! He may grow up and become Vice President some day."

MORNING CHIT-CHAT.

THE DRAWBACKS OF PENT-UP CITY LIFE.



Ruth Cameron.

"Some people insist," said the pretty kindergarten lady to me, "that a good deal you hear of city children's not knowing anything about the country is exaggerated."
"And is it?" I asked.
The pretty kindergarten lady teaches in the slums of one of our great cities, and as she has a very warm heart for her poor little babies, I knew what the answer would be, but I wanted to see her eyes snap.
They did. "Do you think I exaggerate?" she inquired indignantly. I immediately began to protest my belief in her truthfulness.
"Because if you don't," she went on, rather ignoring my elaborate protestations, "I'll tell you some of the things that have happened in my school, and maybe you can write about them."

"Two weeks ago I took a little Hebrew girl that I was interested in on a trip into the country. Before she came to America she lived in Russia on a farm and had a cow. In the two years she has been in this country she has never once—once," emphasized the kindergarten lady with an extra snap of her eyes, "been out into the country. If I didn't believe she told me the truth about it I'd know what happened. For when the train went by a pasture with a cow in it, what do you think she said? 'Mine cow from Russia. Mine cow from Russia.' The poor little thing hadn't seen a cow since she came to the United States, and she thought hers was the only one in the world."

"Another time when we read a story about a butterfly I didn't happen to have any picture, so I described one as well as I could. I said it had a long thin body and some great big wings. A little while before Thanksgiving I took the children down to the markets as we do once a year. The little boy who had been specially interested in what I said about butterflies pulled my dress. 'Teacher,' he said, 'oh, teacher, is that a butterfly over there?' I looked and it was a picked turkey hanging up with its wings spread out—a long, thin body and great big wings, you see."

The little kindergarten lady's voice had a queer tremor in it and I looked up in surprise.

"I was going to take him out this summer to see some real butterflies, but he isn't here any more," she explained.

Then brushing aside the tears very hastily, for the pretty kindergarten lady is a bit afraid of having her warm heart laughed at—

"You'll write about it and say that there are lots of city children that don't know anything about the country, and that the stories about them aren't exaggerated a bit, and that if people would help to get them out into the country instead of being so unbelieving it would be beautiful," she begged.

"I certainly will," I promised. So I have. RUTH CAMERON.

TRANSFER PATTERNS.

(Upon receipt of this pattern, ordered on coupon below, place the number or design of pattern down on material to be stamped, then press hot flat-iron on the back or smooth side of the pattern. Be careful not to let pattern slip.)



Paris Transfer Pattern No. 3008.
Design to be transferred to a nightgown of muslin, batiste, thin cambric, China silk, muslin or Persian lawn and worked in solid French and eyelet embroidery, with white or mercerized cotton or silk thread. The ribbon-trimmed, which is placed so as to hide the joining of the yoke and body portion, gives the fashionable Empire effect to the garment.

Washington Herald Pattern Coupon.

Name.....

Address.....

Size desired.....

Fill out the numbered coupon and cut out pattern, and inclose with 10c in stamps or coin, addressed to Pattern Department, Washington Herald, Washington, D. C.

SLEEVE PROTECTORS.

From the Philadelphia Bulletin.

Now that nearly all the wash summer dresses have long sleeves, some sort of sleeve protection must be worn by the woman who writes or does other work destructive to clean sleeves.

Folded handkerchief sleeves are neat, and often very pretty, but they need such frequent washing that they are hardly practical.

A convenient cuff is made of white cloth. It is durable, and it can be washed off with little trouble. It should be long enough to reach to the elbow at the back of the arm, being much shorter over the bend of the arm at the front. At the top of the cuff are two small holes, through which to pin a safety pin.

Another cuff is made of wide sheets of writing or heavy typewriter paper. Turn back the paper to make a double thickness at the wrist, and shape it to the arm. This may be fastened with pins, or with rubber bands small enough to hold it, but not small enough to press into the arm. The paper cuffs may be thrown away when they become the worse for wear.

THE INVENTOR OF ICE CREAM.

From the Baltimore Sun.

Dolly Madison was famous for her beauty, grace and social charm, but she has never been given due credit for her greatest achievement—the invention of ice cream. For the chroniclers tell us that she was the first to serve this national delicacy. The wife of the President must have been a wonderful woman, gifted in everything from diplomacy to cooking.

The men have long suspected that some woman invented both ice cream and matrimony, for men for generations have been inveigled into both. Let a boy and a girl go out walking, just anywhere, and suddenly the boy will find himself face to face with a soda fountain or an ice cream parlor. It's just like a man who starts along courting aimlessly who suddenly finds himself engaged.

He doesn't understand just how it happened. But he usually marches off bravely and finds that he enjoys both matrimony and ice cream.

If every girl who eats a saucer of ice cream or a "sunda" would put a penny in the plate to erect a monument to the inventress of ice cream, they could build a tower so tall that it would make the Washington Monument look like a fence post. While it was Dolly Madison who first made ice cream, they tell us that she was the wife of a young naval officer, Nancy Johnson, who invented the ice cream freezer. She deserves as much credit as the President's wife. They were one in achievement; they should be one in fame and immortality.

A TAM O'SHANTER.

From the Boston Herald.

The tam o'shanter is always in good style for the small child, and it is so often necessary to make instead of buying it, for the very reason that it may be desirable to have it of material to match the coat. This is one of the hats that may be made by rule and measurement instead of pattern. Linen and pique, white serge or colored broadcloth are all likely materials for either Joseph or Josephine, and the following sizes will work out to a nicety if directions are followed: Cut two disks one sixteen inches in diameter and one fourteen.

This sounds large, but is intended to be so because all of the patterns provided for this style of hat are unduly small. For either the boy with bobbed hair or the charming little girl with fascinating hanging locks the huge "tam" is most picturesque.

The fourteen-inch disk cut a circular central opening five and a half inches in diameter, which will fit any ordinary child. Now sew together the two disks, holding in the extra fullness of the larger disk after dividing that fullness evenly when tacking the quarter sections together. After this seam is sewed by machine, press it open and stitch it on each side with a row of tailored stitching. Now bind the opening with a bias piece, which will more conveniently conform to the shape of the head than a stiff band. This hat may also be made of upholsterer's felt, and if white be chosen, fuller's earth may be depended upon to clean it.

FIVE-FOOT BOOKSHELF.

From the Philadelphia Bulletin.

Volume One: God's smiles at dawn.
Volume Two: The sweet forenoon.
Volume Three: A bird's clear note.
Volume Four: A faint, old tune.
Volume Five: A tender thought.
Volume Six: A woman's dear.
Half sunken in a soft gray haze
Of love that was full, rich and rare—
The first, warm love of life and youth.
Volume Seven—best of all—
Life tightly moored to crystal truth.
And Volume Eight—the tear stained
leaves—
Each lined with sorrows not forgot;
Dead roses scent its every page
And sadness is in each serene spot.
Then, Volume Nine, lined deep with
scars—
Temptations when the tempted fell—
Of him, who bruised up staggered yet
To fight his way to heaven from hell.
Volume Ten: The present joy,
The sweet companion, wife or friend,
To fill the chapter last of all
And fill with gentleness the end.

THE INVINCIBLE ARMY MULE.

From the Atlanta Constitution.

"The army can't get along without its mules and its mule stories." The Chicago Post thus emphatically comments on a recent order substituting the gentle mule for the automobile in several important army posts.

And we hasten to add our endorsement to the sentiment of our contemporary. Imagine any group of war survivors, wherever situated, endeavoring these days to wax enthusiastically reminiscent while recalling the exploits of the automobile under fire.

It is a self-evident impossibility. To the "benzene buggy" it is, of course, given to cover ground with celerity and to aid in rapid movements for provisioning and mobilization.

But whoever heard of a mule skipping explosions while yanking an ammunition wagon through three feet of mud, or of his gasoline tank running dry at a critical moment of the battle?

Likewise, it is possible to put an automobile "out of business" with a single, well-directed rifle ball.

If the regulation army mule succumbs to anything sort of a catatonicism, we have yet to hear the accusation authenticated.

Bottle and Stopper.
A boy who had started photography went into a shop to purchase a small bottle in which to mix some of his solutions. He saw the kind of bottle he wanted, and asked the price.

"Well," said the chemist, "it will be two pence as it is, but if you want anything in it I won't charge you for the bottle."

"Please then," said the youth simply, "to put a cork in it."

Printing That's Showy.
—J. & D. printing catches the eye and wins approval. Let us have the copy for the booklet, folder or circular, we'll do the rest.

Judd & Detweiler, Inc.
THE BIG PRINT SHOP, 422 1/2 W. ST.

PINEAPPLE DISHES.

It is said of the pineapple that it is so agreeable no one has to "learn to like it." Besides this praise of its flavor it is also said that the fruit contains an active principle called "ananasine," which possesses active digestive properties. It is hardly necessary to produce more truths that favor the pineapple. Enough has been said to warrant a discussion of a variety of ways for bringing the fruit to the table, says the Boston Transcript.

First, of course, there is sliced pineapple. The best way to slice it is to peel it, remove the eyes and cut in slices half an inch thick. Sprinkle each slice with sugar and let the pineapple remain on ice for three or four hours or even for a longer time before serving.

To shred pineapple, peel, and remove the eyes, and cut the fruit into small cubes. Sprinkle with sugar and let stand for a time before serving. Pineapple for preserving, put the fruit into a jar, after weighing it, cover with three-quarters of its weight in sugar, cover closely and set away for twenty-four hours. Put into the preserving kettle, cook for five minutes, remove the kum, then add and put into jars at once. Pineapple may be prepared with the sugar, left over night and then put into jars without cooking and kept for some time if it is in a cool place.

Grate the pineapple for marmalade and add to it an equal amount of sugar. Mix well and let stand for twenty-four hours. Cook for half an hour or longer, so that it will thicken into a clear amber jelly when cool. When done, put into small jars and seal.

Pineapple glaze is easy of accomplishment if one goes about it in this way: Peel and slice the fruit and wipe each slice till quite dry. Roll together, without stirring, one pound of sugar and a gill of water. When a little of this dropped into water is brittle remove the saucepan from the fire and set into a pan of boiling water. Stir into it three tablespoons of lemon juice. Take each slice of pineapple up quickly with the sugar tongs, dip it into the scalding syrup and lay on waxed paper to dry. Let the drying process go on in a place where the air is warm and dry.

Coming to a consideration of pineapple dishes to be served in the course of an hour or so after their making, shall we speak first of salads? Every one who wants to eat a pineapple should have a salad of some new and varied thing to it, and the end usually justifies the means. But a simple pineapple salad, composed only of the fruit and of shredded lettuce, is the standby. Let the shredded lettuce be dressed in a vinaigrette, a teaspoon of lemon juice and six teaspoons of oil, with half a level teaspoon of salt and a very little white pepper. Add to this a half cup of grapes and nuts are additions to this salad that will be approved. Some say celery is happily combined with it also.

This pineapple sponge, an English-sounding affair, will be found pleasing at dessert time. To half a pint of grated pineapple add half a pound of sugar and put over the fire. When boiling add one heaping teaspoon of powdered gelatine dissolved in three tablespoons of water. When the gelatine is dissolved remove from the fire, add a teaspoon of lemon juice, one of vanilla and cool by standing in ice water. Whip occasionally with an egg beater and as it begins to set, fold in carefully a half a pint of whipped cream. Turn into a mold, pack in ice and salt for three or four hours and serve. Garnish with strawberries or raspberries sprinkled with fine sugar which it is unmelted.

To make a pineapple sherbet add to a pint of shredded pineapple one pound of sugar and a quart of water, with the juice of two lemons and one orange. Let this stand for two or three hours, stirring it occasionally, strain and freeze till it is just a little bit thick. Add to it then the whites of three eggs beaten till very stiff, three tablespoons of sugar and continue the freezing.

An oddity is the pineapple canape: Cook for ten minutes half a pint of shredded pineapple with two tablespoons of butter. Add a quarter of a cup of sugar, a few drops of lemon juice and serve on slices of dried bread. This, too, is a dish of English descent and is at its best at the breakfast table with a pot of tea.

Turning to the matter of drinks made of pineapple, there are two that will seem suitably mentioned in this place. One declares itself to be a most refreshing drink. To each pint of grated pineapple add half a pint of water. Let stand for three or four hours and press through a fine sieve. To each quart of liquid add a pound of sugar that has been boiled down to a pint of water to form a syrup. Leave until cool, add a whipped white of an egg for each quart and ice when serving.

The other drink announces itself as a pineapple punch. To a pint of boiling water over a quart of shredded pineapple and let stand for two or three hours. Press through a sieve, to extract as much liquid as possible. Add half a pint of raspberry juice, the juice of two lemons and a cup of sugar. Pour over the head of sugar with a pint and a half of water. Ice well and just before serving add a pint of charged water.

HOME-MADE TOWELS.

From the Detroit News-Tribune.

The careful housewife will find that she may have even an excess of towels at quite small expense if she will finish the ends herself, instead of buying the fringed or bordered towels. Fourteen yards of damask toweling will make one dozen towels, and six of these might be finished, with hemstitching and the other half dozen scalloped. Each towel may be cut forty-two inches long, which will leave ample room for either a hem or a neat scallop finish.

TRYING THE STUFFED DATES.
From the New York Post.

Opposite the woman who slipped lead coffee at the counter of a Broadway candy shop, stood a tray of stuffed dates. "They're fine. Sample them," urged the proprietor to the gray-haired man who stood next. "Only thirty cents a pound, and none finer in the city. Better take some."

"They seem to be different from the ordinary sort," said the customer. "I'm not sure that I want any, but if I do I'll stop in later." And he hurried out.

Not five minutes afterward a woman rushed in. "Your dates look good," said she. "May I try one? Rather unusual flavor."

"It's my own, madam," answered the flattered proprietor, and he proceeded to enlarge on the ingredients used. "Shall I put you up a pound or two?" he inquired at the close of his disquisition.

"Not now, thank you. I may come in later," and the white linen suit whisked out of the door.

At the corner the observer found the gray-haired man and the white linen dame. She heard: "This was a good idea of yours, Henry. They are better than mine, and I think between us we ought to guess just about how to make them. They are just the thing for the church fair next week, and I can save ten cents a pound on 'em, anyway. Hurry! Take your car."

THE OPTIMIST COLUMN.

Contributions by the Members of The Washington Herald Optimist Club.

Thoughts on Kindness.

Kindness is wisdom. There is none in life.

But needs it and may learn. —Bailey.

KATHRYN E. PHELPS.

1601 Fifteenth street northwest.

And here's a hand you trusty serve—
And give a hand of thine—
And we'll take a right good willie-waught
For auld lang syne—
For auld lang syne, my dear—
For auld lang syne.
We'll take a cup of kindness yet
For auld lang syne.

—Burns.

MABEL E. BAILEY.

1113 Columbia road.

Kindness is the outgrowth of universal love; the well spring of a generous heart, a noble nature. Where kindness dwells there is little room for selfishness or kindred evils. Kindness is a flower most worthy of cultivation in the garden of life; with proper care it flourishes in the humblest soil, enriching the surroundings, and rendering life more beautiful. As an investment, kindness pays better and surer dividends than any other attribute. It is the sowing of fact in its gentlest form—the art of accepting good as a motive over all things and criticism long deferred.

ANNIE SMITH.

404 Eighth street northeast.

Kindness may be defined as the oil which lubricates the machinery of our daily intercourse with one another, preventing friction and outward collision between natures mutually antagonistic. It is the very essence of courtesy, for it is impossible to be truly polite at all times and under all circumstances if there be no kindness in the heart. Kindness induces us to make excuses for those who offend us, and to forgive those who have wronged us. Kindness prompts us to turn aside from our path to avoid treading upon the poor worm. Universal kindness is a virtue not only of the highest culture, but also of true religious feeling. The savage is kind to his friends; the man of more refinement is kind to his enemies as well as to his friends; the man of perfect refinement and spirituality is kind not alone to his fellow-men, but to the very humblest form of the animal creation, because of his love for the good God "who made and loveth all."

ELLEN MACFARLAND.

321 D street southwest.

Follow-optimists be kind.
The world has need of better in it.
And sweeten its cup wherever you can.
Thou'st no heart so hard but kindness at last
Will melt it.

Let's scatter the precious seeds of kindness by the wayside as we pass through life, as we will never pass this way again; and when the hour shall come for us to lay aside the cares of this world, the kindness that we have shown to others will be as the beautiful reflection of the setting sun, leaving behind us an immortal memorial.

HENSON B. HIGGS.

320 D street southwest.

It was only a glad "good morning"
As she passed along the way,
But it spread the morning's glory
Over the life-long day.

—C. F.

HESSIE BENNETT.

1511 Eighth street northwest.

LATEST FASHIONS.

Paris Pattern No. 1333.
All Seams Allowed.

This new design in a one-piece apron offers utility as well as beauty in that important over-garment which is so indispensable to neatness. Open under the arms and widened out over the shoulders in a square brette effect, it is cut to cover the entire dress, both back and front, and is slipped on over the head.

The pattern is in sizes 32, 34, 36 and 38 inches bust measure. For 38 bust the garments need 5 1/4 yards of material 27 inches wide or 4 1/4 yards 36 inches wide; 8 yards of insertion to trim.

LADIES' ONE-PIECE APRON AND CUFFS.
Paris Pattern No. 1333.
All Seams Allowed.

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Washington Herald Pattern Coupon.
Name.....

Address.....

Size desired.....

Fill out the numbered coupon and cut out pattern, and inclose with 10c in stamps or coin, addressed to Pattern Department, Washington Herald, Washington, D. C.

A Canadian Woman's Cleverness.

From the New York Post.
"One of the unique touches in the Chateau Frontenac, at Quebec, is the inspiration of a woman. A few minutes after you are seated at breakfast, looking out over DuRoi terrace and the shining St. Lawrence, a waiter is at your elbow, murmuring, 'Toast, madam?'"

You turn to find that he is armed, Neptune-like, with a long brass trident, impaled upon which is a slice of toast.

A glance and the source of the supply is revealed. About the large fireplace at the end of the room is a cordon of waiters, each busy brooding bread on a simon pure long fork. About the room they go, distributing the hot toast, as it is desired.

For this and for the attractive brass, old china, French prints, and quaint glass that add to the charm of the chateau, one is told the traveler must thank the wife of a Canadian Pacific officer.

When you have lost or found anything, telephone an advertisement to The Washington Herald, and bill will be sent you at 1 cent a word.

WE CLOSE 5 P. M. TO-DAY.
SKINN'S
8th St. & Pa. Ave.
"THE BUSY CORNER"

"Snaps" in
SUITS and DRESSES
Worth up
to \$25.00 at... **\$7.95**

All odd lots must go! This applies to all odd garments in stock worth up to \$25.00. Every one is a bargain extraordinary. Here's what you will find in the sale, but in many cases there are but two or three of a particular style, so make a quick decision.

LINEN PRINCESS DRESSES...CLOTH OF GOLD DRESSES...FANCY WORSTED COT SUITS...NATURAL LINEN TAILORED SUITS...SILK FOULARD DRESSES...MESSALINE SILK DRESSES...EMBROIDERED NET PRINCESS DRESSES...ALL-OVER BRAIDED LINEN SUITS.

It isn't to be expected that such rare values will last longer than to-day. Second Floor.

ONLY MENTAL SUGGESTION

Wonderful Cures Effected by Use of Water Under High Sounding Name.

By Dr. R. R. ROME.
(Translated from La Revue.)

Ten or fifteen years ago iron was prescribed to give strength and vigor to organisms weakened, over-worked, or by any way "run down." It was in those days the fashionable tonic and health-builder. One fine day it was replaced by